Scoil Inse Rátha Déan do Dhícheall Newsletter November 2017

Dear Parents,

As you will have seen from our app, there has been a lot of activity in each class this month. We have a number of visitors to the school this month and they have all commented on our wonderful students and the lovely atmosphere in the school. We are very proud of our school and of our students. Thank you to everyone in our school community for making our school a great place to be.

1st Class Nutri Safari:

1st class had a very enjoyable visit to Ryan's SuperValu Glanmire. In connection with Laya Healthcare we went on a Nutri-Safari around the shop. While there the children learned about the food pyramid and healthy eating. We got to taste lots of healthy and nutritious foods. It was a wonderful experience for all.

5th &6th Rowing:

5th and 6th have been learning to row at Cork Boat Club for the last few weeks. Last Friday they took part in a schools blitz in The Neptune Stadium. There were lots of schools there and a great atmosphere. As usual our students represented our school really well and they performed well too. **6**th **Class Debating:**

6th Class entered a schools debating challenge this year for the first time. They travelled to Kilcredan NS to compete last week. They have been practicing at lunch time for a few weeks and have been steadily improving. They represented our school really well in the competition and did us all proud.

Smiles Dental:

Smiles Dental in Little Island came to speak to each class about dental health this month. They discussed when to brush teeth, how to brush them and what foods are good to eat for your teeth.

Science Week:

Science Week ran from the 12th to 19th this month. Every class performed some experiments and spent extra time on Science. As part of this a scientist from The Tyndall Institute came in and worked with 5th Class experimenting with circuits and food. We put some pictures on our app so you can see more about our activities there.

School Nurse:

Our school nurse has been in this month looking at Junior and Senior Infants. This is a fabulous service and we are delighted to be able to host it.

Parent/Teacher Meetings:

We had our Parent Teacher meetings last week. Thank you to everyone who made the effort to come in. It is a great opportunity to discuss your child's progress and to share information about your child with their teacher. If you couldn't get in to meet your child's teacher please contact them and they will be happy to arrange another time to meet with you.

Lunch time Leagues:

The group stages of the lunch time leagues are finished and we are onto the knockout section. Well done to all the players and the referees for doing so well. It is going to be very exciting.

Hallowe'en Hike:

Well done to everyone involved in our Hallowe'en Hike for The Simon Community. We raised €301.10!

Junior Achievement:

Most of our classes will take part in The Junior Achievement programme this year. Some of the classes have started already. For more information on what will be covered check out this link: https://www.jai.ie/our-programmes/primary-school-programmes.html.

Basketball, Golf:

Basketball and Golf are continuing each week. 1^{st} and 2^{nd} have finished their golf lessons and 3^{rd} and 4^{th} have started theirs. 3^{rd} and 4^{th} have finished their basketball and 5^{th} and 6^{th} have started. The children are enjoying the different sports and are learning new skills.

Board of Management:

Our Board of Management have our next meeting after Christmas. There is lots to be discussed and plans to made for the rest of the year. We will be reviewing some policies, looking at enrolment and finances.

Swimming:

Swimming will begin for 4th-6th Classes straight after Christmas. It will run each Tuesday from 9/1/2018 to the 13/2/2018 inclusive. This is an essential life skill and part of the curriculum and we are lucky to be able to provide it. We have seen great progress from year to year with our children under the guidance of the instructors in Mayfield Sports Complex. Thank you to our Parents Association for agreeing to subsidise the cost of the bus again this year.

Colm Milner; Head to Toe Fitness:

Colm Milner, Dad of Luke in 6th, is a personal trainer. He has recently started working with 5th Class with some circuit training in The Little Island Sports Complex. Colm is providing this free of charge and we are very grateful to him. The workout that the children are doing is very different from most sports as it is about fitness rather than competition.

Parents Association:

Our annual calendars are ready and went on sale at the Little Island Craft Fair last weekend. They will be on sale shortly in school. Our annual Christmas Raffle will take place on the week of the Christmas Holidays and tickets will be on sale shortly. These are our major fundraisers. Please support so we can continue to provide extra opportunities for all of our students. Thanks to all of our sponsors for the calendar and for the raffle prizes.

That's all for now. All the best, Micheál Rea

Up Coming Events:

4th Dec: Calendars on sale in reception 1pm-3pm.

Week of 4th Dec: Girls Indoor Gaelic Football competition

6th Dec: 1st – 5th: Panto in The Opera House

Week of 11th Dec: Boys Indoor Gaelic Football competition

Dec 18th: 6th Class going to cinema to see Wonder based on the novel they are studying. **Dec 20th:** Christmas performances and carol singing – schedule will be agreed and sent home shortly.

Dec 21st: PA Christmas Raffle in school at 11.15am

Dec 22nd: School closes at 12.15pm for all classes for Christmas Holidays

Jan 8th 2018: school reopens for Term 2.